

Research Services

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Verbal or non-verbal? Have you ever heard such expressions? Many still do not know what is meant under these concepts, or simply confuse them with other terms.

In this article we will describe in detail about what is verbal and non-verbal communication.

What does it mean verbally and non-verbally

The word "verbal" comes from the Latin "Verbalis", which is translated as "verbally". Consequently, verbal communication occurs through words and can be 3 species:

verbal speech;

written communication;

Inner speech is our internal dialogue (formation of thoughts).

The non-verbal communication includes other types of communication - body language, except verbal:

gestures, facial expressions;

Voice intonation (timbre, volume, cough);

touch;

emotions;

Smells.

It is worth noting that in the process of conversation or speech with speech (verbal communication), a person often resorts to a non-verbal way to communicate. For example, an individual can enhance his speech through gestures, facial expressions, pose of body, etc.

People can perceive huge amounts of information by exclusively non-verbal communication. For example, the actors of a silent movie or artists working in the genre of pantomime are able to convey their thoughts to the viewer without words.

During the conversation on the phone, we often gesticulate, perfectly realizing that it is meaningless. This suggests that for any person, non-verbal communication plays an important role in life. Interesting the fact that even blind people resort to gestures when talking on the phone.

At the same time, non-verbal signals are characteristic of many animals. Looking at the cat or dog, the owner can understand her attitude and desires. What is just one of the wagging of the tail, which can tell a lot about a lot.